

### ***Do you think you can help me with my health problem?***

Our physicians use an innovative systems approach to assessing and treating your health care concerns. Perhaps you have experienced being examined by your physician, having taken blood tests, X-rays or other diagnostic tests only to be told that everything is normal. Yet you and your physician both know that you are sick. Unfortunately this experience is all too common.

Most physicians are trained to look at certain places and do certain tests that they are familiar with. Yet most of the causes of these health issues are not to be found there. The usual tests do not look for food allergies, chronic hidden viral infections, gut flora disturbances, immune dysfunctions, environmental toxins, nutritional deficiencies, metabolic disturbances. New gene testing can uncover underlying genetic predispositions which can be altered through diet, lifestyle, supplements or medications.

Dr Mathur has pioneered several of these testing to help her patients recover from many chronic and difficult to treat conditions. Our physicians are highly trained in evaluating, assessing and treating chronic problems like chronic fatigue syndromes, fibromyalgia, autoimmune disorders, inflammatory diseases, memory problems, Parkinson's disease and other chronic complex conditions. We also focus on prevention and treatment of heart disease, diabetes, dementia, hormonal imbalances and digestive disorders.

### ***Can all the tests I need to be done at Angel Longevity Medical Center?***

Most of the testing can be performed at Angel Longevity Medical center. Some testing can be done at conventional laboratories and others are available only through specialty laboratories. During your initial consultation Physician would determine which tests need to be done. And then our medical staff and assistants would review the testing recommendations, instructions and costs. Some testing can be performed at home with test kits to collect urine, saliva or stool. Others may require you to go to the local laboratory to have blood drawn. In all cases, we will assist you in coordinating initial and follow up testing.

Occasionally we may recommend certain tests that are not performed at our facility (i.e. heart scans, Bone density, Pelvic Ultrasounds etc.). In those instances we can provide you with and order that you can take to a facility near your home or we can schedule them to get it done near our office.

***Will I see other Practitioners at the Angel Longevity Medical Center?***

Nutritional therapy is a vital component of your treatment plan. You will see our nutritional counselor on implementing your recommended metabolic type food plan. Following your initial MD consultation, once all tests are completed and we have your metabolic typing results in, you will see our nutritional counselor for an hour long consultation. You will then follow up with her in person, over the phone or email consultations and advise.

***Do you take Insurance?***

Angel Longevity Medical Center does not accept insurance or Medicare. We do not file insurance claims on your behalf; nor do we assist with claim resolution. However we will provide you with detailed receipt of services provided for you to submit to your insurance carrier. We expect full payment at the time of registration for one of our concierge programs.

***Is Dr Anju Mathur a primary care physician?***

The physicians are trained as primary care physicians but they do not provide acute care services. We will work with you closely as consultants, coaches in preventative, nutritional, IV therapy and functional medicine to help you address root cause of your problems.

***Do I have to see the physician in person for my medical consultation?***

Yes, their medical licenses require that they meet with the patient in order to provide initial medical consultation. Follow up appointments can be arranged by phone or skype, as approved by the doctor.

***Whom do I contact?***

Our phone number is (323) 661-7661

All questions and concerns can be communicated via email or patient portal:

Administrations: Practice Manager, ([manager@angelmedcenter.com](mailto:manager@angelmedcenter.com))

Lab results: Lab Technician, ([lab@angelmedcenter.com](mailto:lab@angelmedcenter.com))

Patient concerns: Armita, ([Armita@angelmedcenter.com](mailto:Armita@angelmedcenter.com))

Supplements requests: Jasmine, ([patientservices@angelmedcenter.com](mailto:patientservices@angelmedcenter.com))

Medical records: office, ([office@angelmedcenter.com](mailto:office@angelmedcenter.com))

**Save time and message us via the Patient Portal: [www.power2patient.net](http://www.power2patient.net)**

User name is usually your email address.

If you haven't created an account on the patient portal yet, contact Aleisha